

## **Northern Lights Summer Elite Youth Clinic Teams Week One**

### **NL 4-Black**

Jocelyn Anderson  
Lynley Braunshausen  
Brooklyn Burks  
Ellie Hoffman  
Savannah Hopkins  
Julia Lucas  
Quinn O'Connell  
Leah Osowski  
Claire Panek

### **NL 5-Black**

Minka Hamblin  
Olivia Harman  
Bellamy Hayward  
Ella Lebens  
Avery McKane  
Skylar McKane  
Kaela Omann  
Luna Serbus

### **NL 5-Red**

Leah Bohren  
Savannah DeSautel  
Mila Hansbro  
Quinn Johnson  
Jillian Ottney  
Rena Schlundt  
Olivia Thao

### **NL 6-Black**

Elsy Gronseth  
Avery Hizo  
Lacey Lucas  
Julia Purifoy  
Amelia Sandy  
Harbor Serbus  
Ma'ata Taumalolo  
Isabella Wayland  
Eden Wiggins

### **NL 6-Red**

Elizabeth Atherton  
Bella Boswell  
McKenzie DeVinny  
Aubrianna Hout  
Ellorie Jacobs  
Brooke Krebs  
Annie Oste  
Alliyah Usher  
MaKenzie Worm

### **NL 6-White**

Grace Dygos  
Aria Frandrup  
Madelyn Hartman  
Avalyn Lassi  
Katelyn Loney  
Anja Mroczek  
Emily Tu  
Elsie Westholder

## **Twin Cities Summer League Schedule**

All one tab this year! Find your team by utilizing the following:

Mac users: "Command+F"

PC users: "Control+F"

[Summer League Schedule Link](#)

Make special note of your pool/bracket start time!!

### **Location Information**

Thank you to all of our sites. As club directors, coaches and families, please understand that each site is unique and will have a slightly different process upon your arrival. Go with the flow.... Be gracious, be kind, and be understanding. If individuals are causing issues at sites, they will be asked kindly to make adjustments and if the issues continue, they will simply be asked to leave. Facilities simply do not have time nor the leeway to continue to engage with individuals that continue to create issues.

Doors will open at sites 30 minutes prior to each wave's competition time. Please REMAIN IN YOUR CAR until that time; again 30 minutes prior your match's start time.

Admission is \$6.00 for adults & \$4.00 for students/seniors, with children 5 under being free at each site.

#### **Kokoro Volleyball (Lake Elmo) - CASH ONLY for admissions**

11055 39th St. N.

Lake Elmo, MN 55042

(Enter through the doors on the North side of the facility and BRING YOUR OWN CHAIR)

(Park in the main lot. Overflow parking - there is a city owned lot on the NE corner of Laverne and 39th St. Please obey signage in that lot.)

#### **M1 Volleyball Center - Cash or Card for admissions**

1701 W 94th St. Unit 300

Minneapolis, MN 55431

(Enter through main doors on East side of facility, bleacher seating only)

(Parking available around the entire facility. Do not park across the street.)

#### **Macalester College - Cash or Card for admissions**

Leonard Center

125 Snelling Avenue S.

St. Paul, MN 55015

(Enter through the main entrance on the West side of the facility, some seating provided bring your own chair if you like.)

(Parking is in the main lot on the south side of the facility or across the street in the neighborhood. Obey all signage when parking.)

**St. Catherine's University - Cash or Card for admissions**

Butler Athletics Center

2004 Randolph Ave. F-18

St. Paul, MN 55105

(Enter through the main entrance on the south east side of the facility, some seating provided bring your own chair if you like.)

(Parking is in the lots surrounding the facility)

**Lakeville South High School - CARD ONLY for admissions**

21135 Jacquard Avenue

Lakeville, MN 55044

(Enter through the doors to the facility on the UPPER parking lot, some seating provided bring your own chair if you like.)

(Parking is in the UPPER parking lot.)

## **General Rules - AAU/JVA/USAV Rules Apply**

In all matches, one team's coach (from their bench) is the up ref initiating, and concluding each rally with a whistle. The other team's coach operates the flip scoreboard. The head coach from each team will call their team's violations. If there is a disagreement between the coaches on the result of the play, implement a replay.

5th/6th Grade division: If it is dangerous call it. If the ball is literally caught, call it. Other than that, let them play! - Service line is relaxed, and athletes should serve from where they need to start play... if they are in front of the end-line and they are successful they should be encouraged to move back. 5 successful serves and rotate in this age division. This division is played on a 7' net.

7th+ Grade divisions: If it is dangerous call it. If it is ball handling or a net violation and it is gross, call it. Other than that, let them play. - Service line is relaxed, and athletes should serve from where they need to start play... if they are in front of the end-line and they are successful they should be encouraged to move back; however athletes that are capable of serving from behind the line should be held accountable for doing so.

In all divisions there are no jersey requirements so the official act of subbing is unnecessary... however normal subbing rules do apply (you cannot have an all-time middle ; ) nor an athlete sub for multiple different positions throughout the match)... if you have a libero, a different color t-shirt would be great! A maximum of 2 time outs per team, per set are allowed; but coaches may go on the court to help athletes with court positioning etc.

## **Format**

Teams were seeded/organized based on each club director's input regarding the strength of the team(s) they registered. Format for the league will be similar to year's past. Teams will compete in two matches each

Most teams will participate in 4 team brackets, in which the schedule will be the following:

Court 1 - Team A vs. Team B (Self officiated)

Court 2 - Team A vs. Team B (Self officiated)

Court 1 - Winner of Court 1 vs. Winner of Court 2 (Self officiated)

Court 2 - Loser of Court 1 vs. Loser of Court 2 (Self officiated)

There is a 3 team pool, in which the schedule will be one of the following:

Team A vs. Team C (Self officiated)

Team B vs. Team C (Self officiated)

Team A vs. Team B (Self officiated)

There are also a couple 6 team divisions in which teams simply play two matches vs. different pre-scheduled opponents.

**\*\*Best of three sets will be played. If the same team wins the first two sets, the third set will not be played. Sets 1 & 2 will be played to 25 points with a cap of 27 points. If set three is needed, it will be played to 15 points with a cap at 17.**

## **WARMUPS – VERY IMPORTANT**

Volleyballs will be provided at M1 Volleyball, Kokoro Volleyball and Crossfire Volleyball. At all other sites you should bring your own warm up volleyballs.

In four team brackets the following warmups will occur:

Prior to match 1: 2 minutes shared, 4 minutes for each team of individual court time (NO SHARED SERVING AT THE END)

Prior to match 2: 2 minutes shared (no individual warm up time)

In three team pools the following warmups will occur:

Prior to match 1: 2 minutes shared, 4 minutes for each team of individual court time (NO SHARED SERVING AT THE END)

Prior to match 2: 2 minutes shared, 4 minutes for the team that officiated match 1 (no individual warm up time for teams that have already competed, again no shared serving at the end)

Prior to match 3: 2 minutes shared (no individual warm up time, no shared serving)