

An inherent risk of exposure to COVID-19 exists in any public place where people are present.

COVID-19 is an extremely contagious disease that can lead to severe illness and death.

By visiting Midwest Volleyball Warehouse and participating with Northern Lights, you voluntarily assume all risks related to exposure to COVID-19.

We have taken enhanced health and safety measures for the safety of all guests and staff. You must follow all posted instructions while in Midwest Volleyball Warehouse.

Participants in All Northern Light Programs

Please go to this link for policies:

<http://www.northernlightsjuniors.org/nlights/2020/2020covidcamps.pdf>

Additionally:

Coaches

- Coaches must wear masks
- Coaches may use the SAQ room or lobby to discuss practice plans in addition to the coaches' room (it enables you to spread out more).

Lessons

- Players will be met at the door and have their temperature taken, asked questions about health and exposure, and use hand sanitizer.
- Players will be escorted to the court they will have their lesson on.
- Players should exit the building when the lesson is complete.

Health

- Typical COVID-19 symptoms include (but are not limited to): sore throat, fever, cough and shortness of breath.
- Anyone exhibiting these symptoms are asked to refrain from entering the building. Follow proper CDC protocols to ensure the person does not have COVID-19.
- If symptoms appear when already at the facility, the person will be asked to exit as quickly as possible.

State of Minnesota Guidelines

- Northern Lights will monitor any new guidelines passed down by the State of Minnesota and will relax or tighten requirements in the Midwest Volleyball Warehouse as allowed.