

Parents & Players,

Thank you for being part of our Fall Clinic and League. The past two weeks have been extremely successful. We see girls improving every day. Thank you for your ongoing support of both your daughter and the program. Our main goal is ensure each individual receives quality coaching, gains a better understanding of the skills we teach, and of course, HAS FUN!

Below is important information we would like to share with each family about the league and other training opportunities, including tryouts for next club season.

== Absences ==

Please let us know when your daughter cannot attend a practice or competition day by emailing the office at [northernlights@midwestvolleyball.com](mailto:northernlights@midwestvolleyball.com). Make sure to include her name and team.

Please do not email us that your daughter may miss a practice or competition or can make it only certain times on Sunday - only notify us when you know for sure. We cannot keep track of 150 players and who "might" make it. If you have already notified us for this upcoming weekend with a "maybe", please e-mail again once you have checked the schedule and know for sure your daughter cannot make it.

For competition days, please give us at least 48 hours notice so a substitute can be found if necessary.

== Parent Scorekeepers ==

We need one parent per team per day to work a very simple score sheet and the electronic scoreboard. This is a very easy job that each parent may have the opportunity to do once. To put your name on the volunteer list, please use the following form. Scorekeepers will be selected and notified via the link below..

They will need to wear masks and sign waiver forms when entering the building.

High School (Sunday) Signup:

<https://www.emailmeform.com/builder/form/6FfbdU5VQyfSDzde6jueJfd8>

The list of selected scorekeepers for each week will be posted here when it is ready:

<http://www.northernlightsjuniors.org/nlights/2021/ParentSBVolunteer.pdf>

Parents will need to sign up week to week as the teams change each week within their pods.

== Fall League Training Emphasis ==

The emphasis of this clinic and league is all about the weekly practices and skill development. Each week your daughter will be trained by some of the best coaches in Minnesota and her skill set will increase. We are excited she is here and we enjoy making her better.

The weekend competitions are meant to be a time to showcase those skills and improvements. Sometimes they win, sometimes they lose, but each week is an opportunity to get better.

== Schedule for Weekend Matches on TM2sign.com ==

The weekend schedule will be posted by the Tuesday before the competition date. If you have any questions on how to find the team and schedule please follow the directions below. All schedules and rosters for the Fall League can be located on results.TM2sign.com

== How to Find Your Daughter's Team Roster ==

- 1) Go to results.tm2sign.com
- 2) Click on "Northern Lights High School Fall League #1" (or whichever week we are in)
- 3) Click on Northern Lights Team Rosters (MNL Jr / Sr or MNLFresh / Soph)
- 4) Locate your daughter's name on the Northern Lights team rosters

== How to Find your Daughter's Team Schedule ==

- 1) Go to results.tm2sign.com
- 2) Click on "Northern Lights High School Fall League #X"
- 3) Click on Search
- 4) Type "Northern Lights" and click the Search button
- 5) All the Northern Lights teams will be listed - click on your daughter's TEAM

==Teams Change Week to Week ==

To ensure that maximum training opportunities are happening, we have grouped the athletes in pods of 16-28. These pods will be split up into 2-3 teams each week, and the updated rosters will be on the schedule page by Tuesday morning at the latest.

Please make sure to be aware of which of the 2-3 teams your daughter is playing on each weekend.

Practice pods will always be the same and practice on the same courts at the same time.

== Tryouts Open ==

Northern Lights Junior Volleyball tryouts are now open for registration.

Please be sure to pre-register for tryouts on SignUpToPlay.com. This information is used to help us prepare court layouts and plan for how many players will be trying out in each age group.

If your daughter plans to tryout, it helps us out greatly if you register sooner rather than later. It helps us to plan to the correct number of teams and assign coaches based on the number of registrants.

\*\*If you are an 18 year old planning on trying out for the 2021 program, this needs to be done this week.

== Skill Sessions Open ==

Northern Lights offers Fall Skill Sessions throughout October to get additional opportunities to train.

These sessions are designed to get players high reps in a very specific skill.

Once the fall season is over, we are offering all of these to allow athletes the opportunity to keep training until tryouts.

More information including dates, times, and registration instructions can be found on our website: [www.northernlightsjuniors.org](http://www.northernlightsjuniors.org) and click on "Skills".

== A note from the Program Coordinator ==

This is a personal note from Andy Guggisberg, the program coordinator for all the fall programming.

I would like to thank all of you for your patience and understanding during the last few weeks as we have been getting teams organized and the league off and running. I am so excited at the opportunity to have your daughter in our building and to continue to grow her ability and love for the game.

I would like to apologize to the collective group for any time in which I have been short with the kids, coaches or parents and not been able to truly show the welcoming personality and excitement we have for these opportunities.

Sincerely,

Andy Guggisberg

Thank you -

Northern Lights Junior Volleyball